



Helpers in Your Community

Yorkton

911 or 786-0470 Hospital emergency
Crisis (Distress) Center

911 or 786-0470 Hospital emergency
Suicide Prevention Center

1 800-668-6868 (Kids Help Phone)
Teen Line

783-9409
Rape/Sexual Assault Counselling

1 800-214-7083
Domestic Violence Hotline

1 800-214-7083
Sexual Abuse Hotline

786-1300 or 1-877-786-3288
Child Protection Services

City **786-2400** Rural **786-4500**

Police (RCMP non-emergency)

911
Paramedic Emergency Medical Services Unit

786-0558
Mental Health Crisis

786-0470
Hospital Emergency Services

783-7233 or 782-0679 Women/Children
Emergency Shelters

Youth Shelter

786-0558
Mental Health Outreach Clinic

786-0558
Children/Youth Psychiatric Clinic

Farm Stress Line **1-800-667-4442**
HealthLine **1-877-800-0002**
Problem Gambling Help **1-800-306-6789**

Private Practitioners

Medical Clinic

1-800-226-0944
AIDS Information and Testing Sites

766-6700 Regina
Children's Services Offices

School Student Services

786-5770 (info on licensed care)
Child Care Referrals

1 888 603-9100 (Parents Help Line)
Parent Training

786-1300
Family Support Services

786-0558
Self Help Groups

786-0520
Substance Abuse Counseling

783-8330
Alcoholics Anonymous and Al-Anon
CMHA (SK Division) 1-800-461-5483
783-8135 (CMHA Yorkton Branch)

Mental Health Association

Religious/Spiritual Support **Victim Services**
786-1440 or 1 877-424-1904 786-2408
Legal Assistance/Victim-Witness Assistance

786-1475
Probation Officers

Gay & Lesbian Health Services **1-800-358-1833**
TransSask Support Services
Mikayla Schultz, Phone **306 351-6066** (text or call)