



# Helpers in Your Community

# Yorkton

911 or 786-0470 Hospital emergency  
 Crisis (Distress) Center

911 or 786-0470 Hospital emergency  
 Suicide Prevention Center

1 800-668-6868 (Kids Help Phone)  
 Teen Line

783-9409  
 Rape/Sexual Assault Counselling

1 800-214-7083  
 Domestic Violence Hotline

1 800-214-7083  
 Sexual Abuse Hotline

786-1300 or 1-877-786-3288  
 Child Protection Services  
 City Rural  
 786-2400 786-4500

Police (RCMP non-emergency)  
 911

Paramedic Emergency Medical Services Unit  
 786-0558

Mental Health Crisis  
 786-0470

Hospital Emergency Services  
 783-7233 or 782-0679 Women/Children

Emergency Shelters

Youth Shelter  
 786-0558

Mental Health Outreach Clinic  
 786-0558

Children/Youth Psychiatric Clinic

Private Practitioners

Medical Clinic

1-800-226-0944  
 AIDS Information and Testing Sites

766-6700 Regina  
 Children's Services Offices

School Student Services

786-5770 (info on licensed care)  
 Child Care Referrals

1 888 603-9100 (Parents Help Line)  
 Parent Training

786-1300  
 Family Support Services

786-0558  
 Self Help Groups

786-0520  
 Substance Abuse Counseling

783-8330  
 Alcoholics Anonymous and Al-Anon

CMHA (SK Division) 1-800-461-5483  
 783-8135 (CMHA Yorkton Branch)

Mental Health Association

Religious/Spiritual Support  
 Victim Services  
 786-1440 or 1 877-424-1904 786-2408

Legal Assistance/Victim-Witness Assistance

786-1475  
 Probation Officers