



Helpers in Your Community

Saskatoon

M.H. Clinic
655-7950

Crisis (Distress) Center
933-6200 (Suicide Crisis Line)

Suicide Prevention Center
1 800-668-6868 (Kids Help Phone)

Teen Line
244-2224

Rape/Sexual Assault Center
1-888-338-0880

Domestic Violence Hotline
1-888-338-0880

Sexual Abuse Hotline
933-5961

Child Abuse Hotline
975-9300 (non emergency)

Police
911

Paramedic Emergency Medical Services Unit
933-6200 (Mobile Crisis)

Mental Health Crisis		
RUH	St. Paul's	City
655-1362	655-5113	655-8230

Hospital Emergency Services		
Women		Men
683-8667 or 244-2844		244-6280

Emergency Shelters

Youth Shelter
655-7950

Mental Health Outreach Clinic
655-7800

Children/Youth Psychiatric Clinic

Farm Stress Line **1-800-667-4442**
HealthLine **1-877-800-0002**

Private Practitioners

Medical Clinic
242-5005 or 373-7766

AIDS Information and Testing Sites
933-9561 (Social Svcs)

Children's Services Offices

School Student Services
933-9561 (Social Svcs)

Child Care Referrals
1 888 603-9100 (Parents Help Line)

Parent Training
933-7751 244-7773 244-0127

Family Support Services
655-7950 (M.H. Clinic)

Self Help Groups		
M.H. Clinic	Adults	Youth
655-7950	655-4100	655-4900

Substance Abuse Counseling
Narcotics-Anon
665-6727 652-5216 or 1-877-463-3537

Alcoholics Anonymous
CMHA SK Division - 1-800-461-5483
384-9333 CMHA Saskatoon Branch

Mental Health Association

Religious/Spiritual Support
Legal Aid
933-7820 or 1-877-424-1907 Victim Svc **975-8400**

Legal Assistance/Victim-Witness Assistance
933-6324

Probation Officers

Problem Gambling Help **1-800-306-6789**
Gay & Lesbian Health Services **1-800-358-1833**