



# Helpers in Your Community

# Saskatoon

M.H. Clinic  
**655-7950**

Crisis (Distress) Center  
**933-6200 (Suicide Crisis Line)**

Suicide Prevention Center  
**1 800-668-6868 (Kids Help Phone)**

Teen Line  
**244-2224**

Rape/Sexual Assault Center  
**1-888-338-0880**

Domestic Violence Hotline  
**1-888-338-0880**

Sexual Abuse Hotline  
**933-5961**

Child Abuse Hotline  
**975-9300 (non emergency)**

Police  
**911**

Paramedic Emergency Medical Services Unit  
**933-6200 (Mobile Crisis)**

Mental Health Crisis		
RUH	St. Paul's	City
<b>655-1362</b>	<b>655-5113</b>	<b>655-8230</b>

Hospital Emergency Services

Women	Men
<b>683-8667 or 244-2844</b>	<b>244-6280</b>

Emergency Shelters

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Youth Shelter  
**655-7950**

Mental Health Outreach Clinic  
**655-7800**

Children/Youth Psychiatric Clinic

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Farm Stress Line **1-800-667-4442**  
HealthLine **1-877-800-0002**  
Problem Gambling Help **1-800-306-6789**

Private Practitioners

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Medical Clinic  
**242-5005 or 373-7766**

AIDS Information and Testing Sites  
**933-9561 (Social Svcs)**

Children's Services Offices

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School Student Services  
**933-9561 (Social Svcs)**

Child Care Referrals  
**1 888 603-9100 (Parents Help Line)**

Parent Training  
**933-7751    244-7773    244-0127**

Family Support Services  
**655-7950 (M.H. Clinic)**

Self Help Groups

M.H. Clinic	Adults	Youth
<b>655-7950</b>	<b>655-4100</b>	<b>655-4900</b>

Substance Abuse Counseling  
Narcotics-Anon  
**665-6727    652-5216 or 1-877-463-3537**

Alcoholics Anonymous  
CMHA SK Division - **1-800-461-5483**  
**384-9333 CMHA Saskatoon Branch**

Mental Health Association

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Religious/Spiritual Support

Legal Aid	Victim Svc
<b>933-7820 or 1-877-424-1907</b>	<b>975-8400</b>

Legal Assistance/Victim-Witness Assistance  
**933-6324**

Probation Officers

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Gay & Lesbian Health Services **1-800-358-1833**  
TransSask Support Services  
Mikayla Schultz, Phone **306 351-6066** (text or call)