



# Helpers in Your Community

# Prince Albert

**764-1011 or 1-800-611-6349**  
Crisis (Distress) Line Hudson Bay & District 865-3064  
LaRonge Crisis Line 425-4090

**764-1011 or 1-800-611-6349**  
Suicide Prevention Center

**1 800-668-6868 (Kids Help Phone)**  
Teen Line

**764-1039**  
Rape/Sexual Assault Center

**1-800-611-6349**  
Domestic Violence Hotline

**1-800-611-6349**  
Sexual Abuse Hotline

**953-2345 1-800-487-8603**  
Child Abuse Hotline

**953-4222 (non emergency)**  
Police

**911**  
Paramedic Emergency Medical Services Unit

**764-1011 (Mobile Crisis)**  
Mental Health Crisis

**911 (Victoria Hospital 765-6000)**  
Hospital Emergency Services  
Children Men Women

**922-4454 763-6673 764-7233**  
Emergency Shelters **Prince Albert**

Youth Shelter  
**765-6055** Shellbrook Hospital 747-4278  
Spiritwood Health Complex 883-4462

Mental Health Outreach Clinic

Children/Youth Psychiatric Clinic

Farm Stress Line **1-800-667-4442**  
HealthLine **1-877-800-0002**

Private Practitioners

Medical Clinic  
**1 800-226-0944 or 765-6540**

AIDS Information and Testing Sites  
**765-6540 1-800-487-8640**

Children's Services Offices

School Student Services  
**953-2660 or 1-800-487-8603**

Child Care Referrals  
**1 888 603-9100 (Parents Help Line)**

Parent Training  
**765-6565**

Family Support Services  
**765-6055**

Self Help Groups  
Youth 765-6565 Spiritwood 883-4479  
Adult 765-6550 Shellbrook 747-4275

Substance Abuse Counseling (Addictions)  
**764-9449**

Alcoholics Anonymous  
CMHA SK Division - 1-800-461-5483  
**763-7747 CMHA Prince Albert Branch**

Mental Health Association

Religious/Spiritual Support  
Legal Aid  
**953-2850 / 1-877-424-1900**

Victim Services  
PA RCMP 765-5574  
PA Police Services 953-4357

Legal Assistance/Victim-Witness Assistance  
**953-2835**

Probation Officers  
Problem Gambling Help 1-800-306-6789  
Gay & Lesbian Health Services 1-800-358-1833