



## Helpers in Your Community

## Nipawin

1-800-611-6349 (northeast) or 911

Crisis (Distress) **Line**

1-800-611-6349 (northeast) or 911

Suicide Prevention Center

1 800-668-6868 (Kids Help Phone)

Teen Line

764-1039 (Prince Albert)

Rape/Sexual Assault Center

752-9455 or 1-800-611-6349

Domestic Violence Hotline

752-9455 or 1-800-611-6349

Sexual Abuse Hotline

953-2345 1-800-487-8603

Child Abuse Hotline

862-6270 (RCMP non emergency)

Police

911

Paramedic Emergency Medical Services Unit

765-6055 (Prince Albert)

Mental Health Crisis

911 (Nipawin Hospital 862-4643)

Hospital Emergency Services

Children Men Women

922-4454 763-6673 764-7233

Emergency Shelters **Prince Albert**

Youth Shelter

862-9822

Mental Health Outreach Clinic

Children/Youth Psychiatric Clinic

Farm Stress Line 1-800-667-4442

HealthLine 1-877-800-0002

Problem Gambling Help 1-800-306-6789

Private Practitioners

Medical Clinic

1 800-226-0944

AIDS Information and Testing Sites

1-800-322-7221 (Children's Advocate)

Children's Services Offices

School Student Services

1-800-487-8603

Child Care Referrals

1 888 603-9100 (Parents Help Line)

Parent Training

862-9822

Family Support Services

862-9822

Self Help Groups

862-9822

Substance Abuse Counseling

764-9449 (Melfort)

Alcoholics Anonymous

CMHA SK Division - 1-800-461-5483

763-7747 CMHA Prince Albert Branch

Mental Health Association

Religious/Spiritual Support

Legal Aid Victim Svc  
953-2850 or 1-877-424-1900 765-5574

Legal Assistance/Victim-Witness Assistance

752-6240 (Melfort)

Probation Officers

Gay & Lesbian Health Services 1-800-358-1833

TransSask Support Services

Mikayla Schultz, Phone 306 351-6066 (text or call)