



Helpers in Your Community

Meadow Lake

446-6400 (Trauma Response Team-NB)

Crisis (Distress) Center

911

Suicide Prevention Center

1 800-668-6868 (Kids Help Phone)

Teen Line

**446-4444 or 445-0055 (Battlefords & Area)
825-8255 (Lloydminster)**

Rape/Sexual Assault Center

1-888-338-0880

Domestic Violence Hotline

1 800-214-7083 or (306) 525-5333

Sexual Abuse Hotline

236-7500 1-877-368-8898

Child Abuse Hotline

911 236-2570 (RCMP-non emergency)

Police

911 (236-1590 Ambulance)

Paramedic Emergency Medical Services Unit

236-1580 236-1540

Mental Health /Addiction Services

236-1500

Hospital Services

236-5570 (24 hrs)

Emergency Shelters Meadow Lake

(306) 236-5537 (Door of Hope)

Youth Shelter

(306) 236-1540

Mental Health Outreach Clinic

Children/Youth Psychiatric Clinic

Farm Stress Line 1-800-667-4442

HealthLine 1-877-800-0002

Problem Gambling Help 1-800-306-6789

Private Practitioners

236-5661

Medical Clinic

1 800-226-0944

AIDS Information and Testing Sites

Social Services, Meadow Lake

1-800-322-7221

1-877-368-8898

Children's Advocate

School Student Services

1-877-933-9911 (Subsidy 1-800-667-7155)

Child Care Referrals

Parent Training

236-1580 (individual & family counselling)

Family Support Services

Self Help Groups

446-6440 (North Battleford)

Substance Abuse Counseling

Alcoholics Anonymous

446-7177 (CMHA North Battleford)

Mental Health Association

236-5177 (Salvation Army Citadel)

Religious/Spiritual Support

236-7636 1-800-461-8188 1-800-667-3764

Legal Assistance/Victim-Witness Assistance

236-7527

Probation Services

Gay & Lesbian Health Services 1-800-358-1833

TransSask Support Services

Mikayla Schultz, Phone 306 351-6066 (text or call)