



Helpers in Your Community

Humboldt - Lanigan

911
Crisis (Distress) Center

933-6200 (Saskatoon-Suicide Crisis Line)
Suicide Prevention Center

1 800-668-6868 (Kids Help Phone)
Teen Line

244-2224 (Saskatoon - 24 hr)
Rape/Sexual Assault Center

1-888-338-0880
Domestic Violence Hotline

1-888-338-0880
Sexual Abuse Hotline

933-5961
Child Abuse Hotline
Humboldt Lanigan
682-2535 365-1370

Police (non-emergency)

911
Paramedic Emergency Medical Services Unit
Humboldt Lanigan
682-5333 365-3400

Mental Health Crisis
Humboldt Lanigan
682-2603 365-1400

Hospital Emergency Services

Emergency Shelters

Youth Shelter
Humboldt Lanigan
682-2603 365-1400

Mental Health Outreach Clinic
Humboldt Lanigan
682-2603 365-1400

Children/Youth Psychiatric Clinic

Farm Stress Line 1-800-667-4442
HealthLine 1-877-800-0002

Private Practitioners

Medical Clinic

1 800-226-0944
AIDS Information

Children's Services Offices

School Student Services

Child Care Referrals

1 888 603-9100 (Parents Help Line)
Parent Training

682-4135 Rural Family Support Centre - Humboldt
Family Support Services
Humboldt Lanigan
682-2603 365-1400

Self Help Groups
Humboldt Lanigan
682-3249 365-1438

Substance Abuse Counseling
Narcotics-Anon
1-877-463-3537

Alcoholics Anonymous

CMHA SK Division - 1-800-461-5483
Mental Health Association

Religious/Spiritual Support
Legal Aid
1-877-424-1907

Legal Assistance/Victim-Witness Assistance

933-6324 (Saskatoon)
Probation Officers

Problem Gambling Help 1-800-306-6789
Gay & Lesbian Health Services 1-800-358-1833