

Donating Through a Will

In planning your estate, if and when the time is right, please remember the Canadian Mental Health Association (Saskatchewan Division) Inc. in your Will.

By leaving a gift to the Canadian Mental Health Association (Saskatchewan Division) Inc. you will be promoting mental health for all residents of the province and supporting the resilience and recovery of people with mental illness.

One in five Canadians will personally experience a mental illness in their lifetime. Mental illness indirectly affects everyone at some time through a family member, a friend or a colleague. Support for those affected by mental illness is often needed throughout people's lives – support from people like you. Because of your life, we can help others to live with hope.

If you are able to help CMHA in this way, we encourage you to seek professional and legal financial advice.

Gifts of Life Insurance

There are many benefits to donating a life insurance policy to the Canadian Mental Health Association (Saskatchewan Division) Inc.

- You can leverage a small investment into a much larger legacy.
- By buying a new life insurance policy and naming the Canadian Mental Health Association (Saskatchewan Division) Inc. as the owner and beneficiary, you'll be issued tax receipts for the premiums you pay.
- Unlike a Will, a life insurance policy cannot be contested.
- If you have an existing whole life or universal life policy that you no longer need, you can transfer the ownership and beneficiary designation to the Canadian Mental Health Association (Saskatchewan Division) Inc. and get a tax receipt for the fair market value (determined by an actuary at the time of donation), plus for any future premiums you pay.

If you are able to help CMHA in this way, we encourage you to seek professional and legal financial advice.